



### **DAILY SCHEDULE**

Your child's day will contain the following activities. The times are approximate. The order in which the activities take place is more important than the times, as the routine will help your child know what to expect of his/her day. Organized activities will sometimes be foregone if the children are deeply engrossed in a creative type of group play. Schedule will be modified according to the needs of the children each day.

<b>7:30 – 9:30 a.m.</b>	<b>Arrival, Child directed exploration, &amp; breakfast (Socialization, hygiene, manners, nutrition)</b>
<b>9:30 – 9:50 a.m.</b>	<b>Preschool activity available (art project that reviews preschool ideas and encourages preschool-level physical, social, verbal, emotional, and cognitive development)</b>
<b>9:50 – 10:00 a.m.</b>	<b>Get ready for outside/bathroom break (self care, hygiene)</b>
<b>10:00 – 10:30 a.m.</b>	<b>Outside recess/teacher lead physical activity</b>
<b>10:30 – 11:20 a.m.</b>	<b>Independent or small group preschool activity available and child directed exploration.</b>
<b>11:20 – 11:25 a.m.</b>	<b>Set table and wash-up (self care, hygiene)</b>
<b>11:25 – 11:45 a.m.</b>	<b>Lunch (talk about food groups, food nutrition, hygiene &amp; table manners, work on staying within own space at the table, and using own utensils)</b>
<b>11:45 – 12:30 p.m.</b>	<b>Child-directed exploration</b>
<b>12:30 – 12:40 p.m.</b>	<b>Clean – up classroom (learn community skills)</b>
<b>12:40 – 12:50 p.m.</b>	<b>Story time (stories coordinate with preschool theme ideas and/or easy-reader books to help children start recognizing common sight words.) Calendar, weather, Spanish review, or fun/silly rhymes, including nursery rhymes.</b>
<b>12:50 – 12:55 p.m.</b>	<b>Set up for quiet time; sing songs while reading cots, pick quiet activity (book or soft animal for “sleepers, or box of toys for older children)</b>
<b>12:55 – 1:00 p.m.</b>	<b>Brush teeth, drink of water</b>
<b>1:00 – 3:00 p.m.</b>	<b>Rest period/Quiet activity time</b>
<b>3:00 – 3:10 p.m.</b>	<b>Pick up from rest period/ bathroom break (hygiene, self care, responsibility)</b>
<b>3:10 – 3:25 p.m.</b>	<b>Snack (manners, hygiene)</b>
<b>3:25 – 4:00 p.m.</b>	<b>Preschool activity available; math, writing, reading, movement game &amp; child directed exploration; sensory table available at this time</b>
<b>4:00 – 4:30 p.m.</b>	<b>Outside recess/teacher lead physical activity</b>
<b>4:30 – 5:00 p.m.</b>	<b>Child directed exploration &amp; Departure (sand or water table available at this time)</b>

\*\* “Weather permitting” means between 20 and 90 degrees with further considerations including; wind chill, humidity, shade, active precipitation, and air quality.